

KAWANANAKOA GYM

2009 4th Quarter Program Guide

APRIL~MAY~JUNE

Jaime Guerro, Rec. Director II & Frank Feary, Rec. Technician II (961-8732)

Monday thru Thursday 12:30-9:00 p.m.,

Friday 7:45 a.m.-6:00 p.m. & Saturday 9:00 a.m.-5:00 p.m.

SPORTS ACTIVITY

GIRLS BASKETBALL

Age Group: Grades 9-10 & 11-12 years old

Registration: Open

Program: April 6-June 26, 2009

Instructor: B. Pana

Schedule: Monday thru Friday

Time: 3:00-6:00 p.m.

GIRLS BASKETBALL LEAGUE

Age Group: 9-10 & 11-12 year olds

Registration: Open

Program: April 6-June 29, 2009

Instructor: Staff

Schedule: Monday & Wednesday

Time: 4:00-6:30 p.m.

COMMUNITY BASKETBALL

Age Group: Open

Registration: Open

Program: April 6-June 29, 2009

Instructor: J. Guerro

Schedule: Monday thru Thursday

Time: 2:30-4:30 p.m.

BOXING CONDITIONING

Age Group: Open

Registration: Open

Program: April 6-June 29, 2009

Instructor: J. Guerro

Schedule: Tuesday & Thursday

Time: 4:30-5:30 p.m.

PHYSICAL FITNESS

STEP AEROBICS

Age Group: Open

Registration: Open

Program: April 7-June 30, 2009

Instructor: M. Makua

Tuesday & Thursday ~ 5:00-6:00 p.m.

WEIGHT TRAINING

Age Group: 15 years & above

Registration: Open

Program: April 7-June 30, 2009

Instructor: F. Feary

Monday thru Saturday~Gym Hours

*Bring your own towel.

WALK & JOG

Age Group: Open

Registration: Open

Program: April 6-June 29, 2009

Instructor: J. Guerro

Monday & Wednesday ~ 4:30-5:30 p.m.

*Wear running or walking shoes.

ARTS & CRAFTS

MERRIE MONARCH CRAFT

Age Group: 12 years old & under

Registration: Open

Program: March 30-April 3, 2009

Monday thru Friday~Time:T.B.A

Instructor: J. Guerro/F. Feary

*Bring your own supplies.

MAY DAY CRAFT

Age Group: 12 years old & under

Registration: Open

Program: April 20-May 1, 2009

Instructor: J. Guerro/F. Feary

Monday thru Friday~Time: T.B.A

*Supplies Provided

ARTS & CRAFTS

MOTHERS DAY CRAFT

Age Group: 12 years old & under
Registration: Open
Program: May 4-8, 2009
Instructor: F. Feary/J. Guerpo
Monday thru Friday~Time: T.B.A
*Supplies Provided.

FATHERS DAY CRAFT

Age Group: 12 years old & under
Registration: Open
Program: June 1-June 12, 2009
Instructor: F. Feary/J. Guerpo
Monday thru Friday~Time: T.B.A
*Supplies Provided

SPECIAL EVENTS

Age Group: Completed Grades K-6th
Registration: May 4-June 19, 2009
Contact: J. Guerpo~961-8732
Fee: \$60.00

COMMUNITY INTEREST ACTIVITIES

AEROBICS

Tuesday & Thursday ~ 5:00-6:00 p.m.
Contact: M. Makua~933-1321

KUPUNA HULA

Tuesday & Thursday ~ 5:00-7:00 p.m.
Contact: A. Nicholas~981-0458

TAHITIAN DANCE

Age Group: 12 years & under
Monday & Wednesday ~ 5:00-7:00 p.m.
Contact: T. Delacruz ~ 756-9246

COMMUNITY INTEREST ACTIVITIES

TAHITIAN DANCE

Age Group: Beginners
Tuesday & Thursday ~ 7:00-9:00 p.m.
Contact: S. Suboza ~ 936-4440

TAHITIAN DANCE

Age Group: Advance
Monday & Wednesday ~ 7:00-9:00 p.m.
Contact: T. Delacruz ~ 756-9246

ADULT SEWING

Age Group: Open
Sunday ~ 2:00-6:00 p.m.
Contact: F. Chu ~ 961-2727

SPECIAL OLYMPICS

Saturday~10:00-12:00 p.m.
Contact: D. Pascual ~ 969-3366

TEAM VOLLEY VB TOURNAMENT

April 3-4, 2009~4:00-9:00 p.m./8:00-5:00 p.m.
Contact: S. Belleza~936-7497

HILO LITTLE LEAGUE

April 11-June 27, 2009~9:00 a.m.-5:00 p.m.
Contact: T. Kaupu ~ 333-7232

KEAUKAHA SPORTS COMMUNITY EVENT

May 8-9, 2009~4:00-9:00 p.m./8:00-5:00 p.m.
Contact: T. Kaupu ~ 333-7232

KEAUKAHA 3-ON-3 TOURNAMENT

June 5-6, 2009
4:00-9:00 p.m./8:00 a.m.-5:00 p.m.
Contact: B. Pana ~ 854-5907

ASA SOFTBALL TOURNAMENT

May 22-23, 2009
4:00-9:00 p.m./8:00 a.m.-5:00 p.m.
Contact: T. Kaupu~333-7232

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.