



Hawaiian Beaches

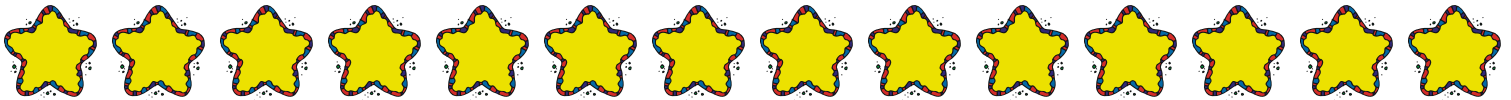
2010 3rd Quarter Program Guide

JANUARY***FEBRUARY***MARCH

Alana Hindle, Recreation Technician III (965-2703)

Monday thru Thursday 1:00 p.m.-7:00 p.m. & Friday 11:00 a.m.-5:00 p.m.

Facility is temporarily under construction, please call 966-5803 for information on any following programs.



SPORTS ACTIVITY

T-BALL/COACH PITCH

Age Group: 5-6 years old/7-8 years old
Registration: Ongoing
Program: Jan. 6-March 31, 2010
Monday-Friday~4:00-6:00 p.m.
Fee: Uniform



INTRODUCTION TO TRACK

Age Group: 7-10 years old
Registration: Jan. 4-8, 2010
Program: Jan. 13, 20 & 27, 2010
Wednesday~2:00-2:45 p.m.

PHYSICAL FITNESS

STRETCHING/FITNESS WALKING

Age Group: Open
Registration: Ongoing
Program: January-March 2010
Monday-Thursday~6:00-7:00 p.m.



MOUNTAIN BIKE FOR FITNESS

Age Group: Open
Registration: Ongoing
Program: January-March 2010
Friday~2:00-5:00 p.m.
Materials: Bike, Helmet & Transportation

ARTS & CRAFTS

NEW YEARS CRAFT

Age Group: Open
Registration: Dec. 28, 2009-Jan. 4, 2010
Program: Jan. 11-28, 2010
Monday-Thursday~4:00-5:00 p.m.

NEW YEARS GLITTER CRAFT

Age Group: Open
Registration: Dec. 28, 2009-Jan. 4, 2010
Program: Jan. 11-28, 2010
Monday-Thursday~6:30-7:00 p.m.

VALENTINE COLORING CONTEST

Age Group: Open
Registration: Jan. 4-29, 2010
Program: Feb. 10, 2010
Wednesday~5:00-6:00 p.m.

VALENTINE CRAFT

Age Group: Open
Registration: Jan. 4-Feb. 8, 2010
Program: Feb. 8-25, 2010
Monday-Thursday~3:00-4:00 p.m.

VALENTINE CARD MAKING

Age Group: Open
Registration: Jan. 4-Feb. 8, 2010
Program: Feb. 8-25, 2010
Monday-Thursday~4:00-6:00 p.m.

SPRING ART CRAFT

Age Group: Open
Registration: Feb. 8-March 4, 2010
Program: March 4-31, 2010
Monday-Thursday~3:00-6:00 p.m.

PERFORMING ARTS

PUPPET MAKING

Age Group: Open
Registration: Jan. 7-11, 2010
Program: Jan. 11-28, 2010
Monday-Thursday~3:00-4:00 p.m.

MUSIC HOUR

Age Group: Open
Registration: Open
Program: Jan. 11-March 31, 2010
Monday-Friday~2:00-3:00 p.m.

SPECIAL EVENTS



P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 4-22, 2010
Program: February 6, 2010
Saturday~8:30 a.m.-4:00 p.m.

Konawaena High School/Keauau High School

P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 22-February 5, 2010
Program: February 20, 2010
Saturday~8:30 a.m.-4:00 p.m.

Konawaena High School/Keauau High School

HERSHEYS TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: T.B.A.
Program: March 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School

SPECIAL EVENTS

PUPPET SHOW

Age Group: Open
Registration: Dec. 28, 2009-Jan. 5, 2010
Program: Jan. 13, 2010
Wednesday~3:00-3:30 p.m.



SOFTBALL THROW CONTEST

Age Group: 7-12 years old
Registration: Dec. 28, 2009-Jan. 12, 2010
Program: Jan. 13, 2010
Wednesday~1:30-2:00 p.m.

OBSTACLE COURSE CHALLENGE

Age Group: 7-12 years old
Registration: Jan. 11-19, 2010
Program: Jan. 20, 2010
Wednesday~2:00-2:30 p.m.
Materials: Helmet

Ongoing Programs

WALK UP ACTIVITIES

(Puzzles, board games, foosball, art, drawing, coloring, reading, volleyball, basketball, smash ball, jump rope, tennis, darts, blocks, crafts, ping-pong, music, etc.)

Age Group: Open
Monday-Thursday~1:00-7:00 p.m.



Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.